



**SGSPM's**  
**SMT. VIMLADEVI AYURVEDIC MEDICAL COLLEGE & HOSPITAL**  
**WANDHARI, CHANDRAPUR**

**Department of Swasthavritta**

**The List of Charts**


Sr. No.	Particulars	Quantity
1.	Types of Pranayam	1
3.	Primary Health Center	1
5.	Dincharya	1
7.	Rutu	1
9.	Surya Namaskar	1
11.	Akash Tatva Chikitsa	1
13.	Mukhsurbhi drugs	1
15.	Vayu Tatva Chikitsa	1
17.	Upvas chikitsa	1
19.	Shatchakra	1
21.	Shatkarma	1
23.	Dharniya Adharniya Veg	1
25.	Prakrutik Chikitsa	2
27.	Yog Utpatti	1
29.	Classification of Ahardravaya	1
31.	Shishu Aarogya	1
33.	Garbhini Paricharya	1
35.	Rutucharya	6
37.	Ashtang Yog	1
39.	Immunity – Vaccine – Immunoglobulins	1

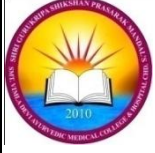
Sr.No.	Particulars	Quantity
2.	WHO Structure and function	1
4.	Seasonal regimes	1
6.	Proximal Principle of Food	1
8.	Alma alta declaration	1
10.	Protein Energy Malnutrition	1
12.	AIDS Symptom and Prevention	1
14.	WHO Slogan	2
16.	Type of Mardan	1
18.	Colors and its effects	1
20.	Various methods of family Planning	1
22.	Health system in India	1
24.	National Immunization schedule	1
26.	Air, Water, Soil Borne diseases	1
28.	Bio Medical Waste Management	1
30.	Om	1
32.	Vitamins	1
34.	Minerals	1
36.	Yoga & Naturopathy	1
38.	Mode of Transmission of disease	1
40.	Neonatal Feeding	1

**Total = 47**

**Total Number of Departmental Charts = 47**



  
Principal  
Smt. Vimladevi Ayurvedic  
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**The List of OPD Charts**

Sr. No.	Particulars	Sr. No.	Particulars
1.	Halasan	2.	Ardhachakrasan
3.	Vajrasan	4.	Suryabhedi – Ujjayi
5.	Shavasan	6.	Shitali
7.	Pawan Mukttasan	8.	Sitkari
9.	Pachimottanasan	10.	Bhastrika
11.	Trikonasan	12.	Bhramari
13.	Bhujangasan	14.	Murcha Plavini
15.	Gomukhasan	16.	Surya Namaskar
17.	Shalbhasan	18.	Om
19.	Sarvangasan	20.	Padmasan
21.	Dhanurasan		

**Total Number of OPD Charts = 21**

**Total Number of Charts = 47 +21 = 68**



  
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