



SGSPM's

SMT. VIMLADEVI AYURVEDIC MEDICAL COLLEGE & HOSPITAL
WANDHARI, CHANDRAPUR

TOPIC : - POSHAN SAMPTAHA

Name of Organizing Department:- Department of Prasutitantra and String
Department of Balrog and Department of Swasthavritta SVAMCH, Wandhari,
Chandrapur

Date: 01/09/2018 to 30/09/2018

Day :- Saturday

Topic of lecture:

"Poshan Saptaha"

Proceedings:

On account of Poshan Saptaha institute had organize guidance lecture of Dr. Namrata Nandankar, B.A.M.S., M.S. Reader and HOD, Dept. of PTSR on 01/09/2018. Madam guided young ladies, lactating mothers from institute and from Wandhari village about precautions, diet, hygiene to prevent from various diseases.

Around 18-20 participants had taken benefit of this session.

Proceedings:

On account of Poshan Saptaha institute had organize guidance lecture of Dr. Nilesh Dhumne, B.A.M.S., M.D. Lecturer, Dept. of Kaumarvhritya on 01/09/2018. Sir guided young ladies, lactating mothers from institute and from Wandhari village about diet and yoga to prevent from various diseases.

Around 15 participants had taken benefit of this session.



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Attendance Sheet

Date: 9 Sept 2018

Subject: Poshan Saptah.

Sr. No.	Name	Signature
1	Nandini devgade	<u>Nandini</u>
2	Sangita bobade	<u>S. bobade</u>
3	chandraka Nimaje	<u>C. Nimaje</u>
4	Nidhi & Tirpude	<u>Nidhi</u>
5	Eketi mate	<u>E. mate</u>
6	Sarita Waghmare	<u>S. Waghmare</u>
7	mona humumante	<u>mhumumante</u>
8	kavita pazare	<u>K. pazare</u>
9	kirti bhotar	<u>kirti</u>
10	kamehem mahajan	<u>kamehem</u>
11	yamini there	<u>yamini</u>
12	Avantika bobade	<u>Avanti</u>
13	Sapana Naktode	<u>Sapana</u>
14	sneha Ramteke	<u>sneha</u>
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Poshan Maha

Department of Strirog & Prasutitantra

Date :- 01/09/2018 to 30/09/2018

