



SGSPM's
SMT. VIMLADEVI AYURVEDIC MEDICAL COLLEGE &
HOSPITAL WANDHARI, CHANDRAPUR



Transitional Curriculum

“Guest Lecture”

On

Stress coping relaxation
technique



HON'BLE GUEST SPEAKER

Dr. Purushottam Borkar

Asso. Prof. & HOD Dept. Psychology
'S.R.M. College of Social Work Chandrapur

Coordinator Dr. Isha Kathale, BAMS, MD.
Assistance. Professor, Kriya Sharir

Date:-03/03/2023 Time: 10.30 am to 11.30 am

Regards

Mrs. Ankita Pandey (Singh)
Executive Member
SGSPM's

Professor & HOD
Dr. Ashish Agrawal
(BAMS MD)

Mr. Rahul Singh
Executive Member
SGSPM's

**Vice Principal
& IQAC Coordinator**
Dr. Sandesh Goje
BAMS MD

Mr. Indersen Singh
President
SGSPM's

Principal
Dr. Raju R. Tatewar
BAMS MD

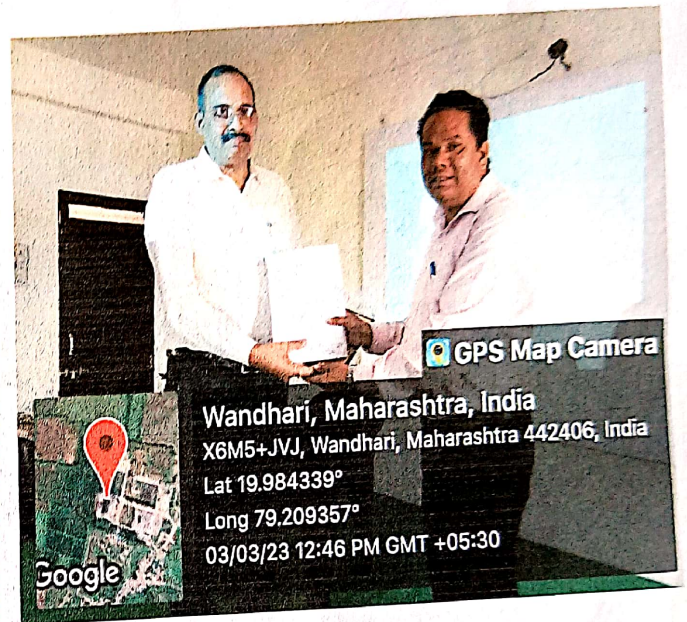
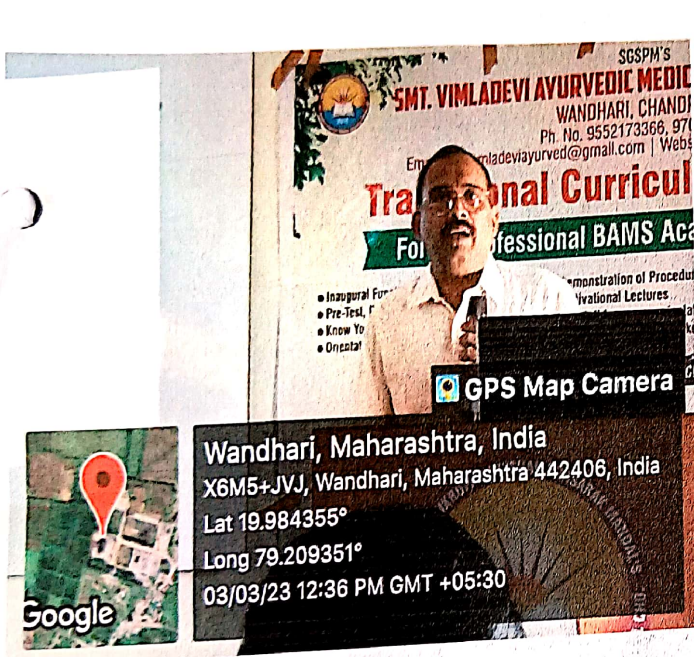


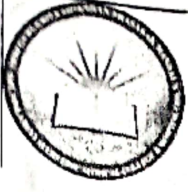


SGSPM's
SMT. VIMLADEVI AYURVEDIC MEDICAL COLLEGE & HOSPITAL
WANDHARI, CHANDRAPUR

**Transitional Curriculum Program-
Guest Lectures**

Date :- 03/03/2023





SGSPM's
SMT. VIMLADEVI AYURVEDIC MEDICAL COLLEGE &
HOSPITAL WANDHARI, CHANDRAPUR

Transitional Curriculum Ayurved

IBAMS

(Batch 2022)

A.Y. 2022-23

Date :- 03/03/23 Time :- 10.30 am to 11.30 am.
Topic :- Stress Coping relaxation technique.
Field Visit :- _____
Department :- Kriyachari Department
Faculty :- Dr. Isha Kadhale

Sr. No.	Name of the Students	Signature
1	Adarsh Ramesh Gupta	Ab
2	Akhade Gauri Raju	Akhade
3	Ali Aaisha Yunus Ali	Ali
4	Ayush Vasantrao Katkar	AKatkar
5	Bangar Mahesh Anil	Bangar
6	Bhargavi Deepak Nimkar	Bhargavi
7	Bodne Pranay Arvind	Bodne
8	Chambalkar Aishwarya Pramod	Chambalkar
9	Chavan Vaishnavi Shrinivas	Chavan
10	Daraksha Shahzad Sayyed	Daraksha
11	Dhanashri Suhas Bhoir	Dhanashri
12	Dhanjode Saloni Sunil	Saloni
13	Dnyaneshwari Jagjiwan Sahare	Dnyaneshwari
14	Dongre Praisya Devendra	Dongre
15	Dwivedi Pragya Dhyانبabu	Dwivedi

16	Falguni Santosh Madeshwar	Falguni
17	Fulzele Pratik Vijay	P. V. Fulzele
18	Gadhawe Pornima Vinayak	Rachana
19	Ghawale Bhagyashree Santosh	Bhanals
20	Hamdulay Hawabi Bashir	Hawabi
21	Harsh Ramesh Wate	Harsh
22	Hinduja Sakshi Ramchand	Sakshi
23	Humane Ankur Rals	Humane
24	Isha Radheshyam Bhure	Ishure
25	Jadhav Neha Bandusing	Neha
26	Joshi Neha Sheshrao	Joshi
27	Kadam Sneha Kailas	Kadam
28	Kalal Avinash Dilipkumar	Kalal
29	Kale Sarang Santosh	Sarale
30	Kamde Kanchan Kishor	Kamde
31	Katkamwar Komal Sunil	K.S. Katkamwar
32	Kaveri Umesh Lokhande	K.L.
33	Keshkar Jyoti Siddharth	Keshkar
34	Khan Mohammad Sohail Mohammad Riyaz	Khan
35	Khanke Samiksha Yashwant	Khanke
36	Kohare Yogita Parasram	Kohare
37	Kore Srushti Prabhakar	Srushti
38	Kshitija Anand Baviskar	Ab
39	Lakhiya Tejaswini Ramlal	Lakhiya
40	Langar Priya Premraj	Pongrel
41	Liza Munna Gawali	Liza
42	Mansi Awagan	Mansi
43	Manwatkar Sanket Vinod	AB
44	Mayuri Rajput	M. Rajput

45	Mendhe Unnati Prakash	Mendhe
46	Mungmode Chirag Vinayak	Mungmode
47	Nagmoti Mohan Sukharam	Nagmoti
48	Nanwate Vanshika Gajanan	Ab
49	Nidhi Suresh Milmile	Nidhi
50	Nidhi Tatkundwar	Tatkundwar
51	Nikam Nilesh Kisanrao	Ab
52	Nikole Sonali Nemichand	Nikole
53	Parth Harshal Badkhal	Parth
54	Patil Pragati Satish	Patil
55	Patingrao Shivani Chetan	Patingrao
56	Pawar Damini Prakash	Pawar
57	Phatangale Jayshri Vikas	Phatangale
58	Pisal Sainath Balaji	Sainath
59	Pratiksha Gajanan Paunkar	Paunkar
60	Prerna Chandrashekhar Karmore	Prerna
61	Purvesh Sandesh Neve	Purvesh
62	Rahangdale Vishakha Lalchand	Rahangdale
63	Rakhi Diwakar Bandurkar	Rakhi
64	Rathod Tejas Chintaman	Rathod
65	Ritesh Sanjay Burkul	Ritesh
66	Rohan Chavan	Rohan
67	Rohan Raju Sonwane	Rohan
68	Sahu Karuna Khemchand	Sahu
69	Sakina Ali Asgar	Sakina
70	Sakshi Ajay Darekar	Sakshi
71	Salluri Shruthi Ramesh	Salluri
72	Salve Rutuja Harish	Salve
73	Sanskruiti P Kulkarni	Sanskruiti
74	Sauda Md Iqbal	Sauda

Hospital

Box No. 33
1K,

783366

02/03/2023



75	Sawarkar Pranay Chandrakant	<u>Pranay</u>
76	Shashank Maroti Barde	<u>Shashank</u>
77	Sheikh Armina Salim	<u>Ab</u>
78	Sheikh Saniya Farukh	<u>Shaniya</u>
79	Shelkar Om Ganesh	<u>Om</u>
80	Sherki Mansi Baba	<u>Mansi</u>
81	Shirlekar Shwetali Kishanrao	<u>Shwetali</u>
82	Shubham Ravichandra Kokane	<u>SRK</u>
83	Suwarna Suresh Yelkewad	<u>Suresh</u>
84	Tanmay Shridhar Mungulmare	<u>Tanmay</u>
85	Titare Swapnil Chandarsing	<u>Swapnil</u>
86	Tushar Kamlakar Mamane	<u>Tushar</u>
87	Uday Wasudeo Sidam	<u>Uday</u>
88	Urade Dhanshri Sujeet	<u>Dhanshri</u>
89	Vasundhara Lothe	<u>VLothe</u>
90	Vishwas Sanju Niranjana	<u>Vishwas</u>
91	Vrushali Chandrakant Chatare	<u>Vrushali</u>
92	Wadgure Sakshi Suresh	<u>Sadgure</u>
93	Wayagaonkar Adesh Vyankat	<u>Adesh</u>
94	Wazurkar Prathmesh Prashant	<u>Prathmesh</u>
95	Sanket Nandkishor Bhute	<u>Sanket</u>
96		
97		
98		
99		
100		

Shri Gurukrupa Shikshan Prasarak Mandal's
Smt. Vimladevi Ayurvedic Medical College & Hospital

Village : Wandhari, Ghugus Road
Chandrapur- 442 406
Fax No.(07172) 274779
Email: vimladeviayurved@gmail.com



Postal Address: New Post Box No. 33
Main GPO, Near Water Tank,
Chandrapur- 442 401
Ph. No. 9552173366 / 9552083366

Date : 02/03/2023

Ref. No. : SVAMC
GW No. 314
Date: 02/03/2023

To,
Respected,
Dr. Purushottam Borkar
Asso. Profe. & HOD
Dept. Psychology
S.R.M. College of Social Work
Chandrapur.

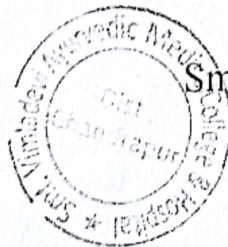
Subject :- To Invite as a Guest Speaker on topic of
Stress Coping Relaxation Technique.

Respected Madam,

With the reference to above mentioned subject we are going to conduct a Guest Lecture for 1st BAMS Students in Transitional Curriculum Program on "Stress Coping Relaxation Technique." So we are inviting you as a Guest Speaker on date 03 March 2023 at 10:30 am.

Hoping for your positive response and support.

Thanking You.



Principal

Smt. Vimladevi Ayurvedic Medical College
& Hospital Wandhari, Chandrapur

Principal
Smt. Vimladevi Ayurvedic
College & Hospital, Chandrapur

Shri Gurukrupa Shikshan Prasarak Mandal's
Smt. Vimladevi Ayurvedic Medical College & Hospital

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Ph. No. 9552173366 / 9552083366

Ref. No. : SVANC
OW No. 315
Date: 03/03/2023

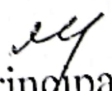
Date : 03/03/2023

Certificate of Appreciation

This is to certify that Dr. Purushottam Borkar has guided us as the guest speaker on "Stress Coping Relaxation Technique" on dated 03/03/2023.

We express our sincere gratitude to Dr. Purushottam Borkar for giving us her valuable time and Support.

Thanking you,


Principal

Smt. Vimladevi Ayurvedic Medical College
& Hospital Wandhari, Chandrapur

Principal

Smt. Vimladevi Ayurvedic
College & Hospital, Chandrapur

