



SGSPM's
SMT. VIMLADEVI AYURVEDIC MEDICAL COLLEGE & HOSPITAL
WANDHARI, CHANDRAPUR



IQAC, NSS, Swasthavritta & Yoga Department

Celebrating



8th International Yoga Day

Date: 21/06/2022

Place : SVAMC, Hospital Wandhari, Chandrapur



Proceedings:-

On the occasion of 8th International Yoga Day, as per the guidelines of NCISM, Ayush Dept, and MUHS, Nashik Yoga Day is celebrated in our college, SVAMCH, Chandrapur.

On this auspicious occasion, Department of Swasthavritta, NSS unit SVAMCH and IQAC work together for this event. Dr. Syori Varthi Assistant Professor Dept of Swasthavritta was the overall coordinator for this event.

Various programs were organised under this roof of yoga Day in between 14th June 2022 to 21st June 2022.

Various activities such as Slogan Competition, E-poster competition, Essay competition, Yogasana, Yogasutra recitation, Webinars (online guest lectures), Guest lectures, Awareness Activities such as yoga Rally, awareness

11211

~~Lect~~ lecture at Bhadrawati by Dr. Jyoti varthi madam, Online lectures by Dr. Kamlesh Mahajan & Dr. Sangita Shende was organised under this event. Dept. of Swasthavritta HOD Dr. Prerna Uikey & Reader Dr. Sushama varhade had guided student of SVAMCH on yoga, pranayam, mental health & various topics.

Daily yoga sessions for staff, students, OPD & IPD patients of SVAMCH was taken by Department of Swasthavritta & yoga.

Many students, staff were actively participated in all activities betw 14th to 20th June 2022.

On the day of 21st June 2022, a mega yoga session was practiced in SVAMCH, Chandrap. Dr. Ravi Kattamar (Yog guru) guided about yoga and take a workshop along with all faculties of Swasthavritta Dept, Dr. Jyoti varthi, Dr. Prerna Uikey, Dr. varhade, Yog guru Diksha. Around 246 were benefited with this session.

This session was conducted in collabate with Arogyabharti vidarbha pranta, Mrs. Butle as chief guest, Tanardhan swami jagabhyas kendra, Dr. Ravi Kattam as guest, Dr. Sonal zanzad Principal SVAMCH, Dr. Sandesh Goje, Vice Principal, Dr. Prerna Uikey, HOD, Dr. Jyoti varthi Programme Coordinator, Dr. Deshmukh, NSS Coordinator Dr. Chushal Dahule, Dr. Ganu, Mr. Bhale, Dr. Kosarka, Dr. Dahikan, Dr. Kamble, Dr. Kattale, Dr. Gedam, Dr. Yelme, Dr. Chandekar and all respected faculties & students were present. Very much Thankful to our president

Respected Pndrasen Singh Sir, Mrs. Ankita sing madam & Mr. Rahul Singh Sir. for their valuable support & guidance.

Deshmukh
NAAC & NSS Coordinator
Dr. Akhilesh Deshmukh
BAMS, MD

Prerna
HOD Swasthavritta & Yoga
Dr. Prerna Uikey
BAMS MD

Sandesh Goje
Vice Principal & IQAC Coordinator
Dr. Sandesh Goje
BAMS MD
Vice Principal

Sonal S. Zanzad
Principal
Dr. Sonal S. Zanzad
BAMS MD
Principal

SS. PROGRAMME OFFICER

mt. Vimaladevi Ayurvedic Medical College & Hospital, Wandhari, Chandrapur

HOD

Department of Swasthavritta
SVAM College, Wandhari, Chandrapur

mt. Vimaladevi Ayurvedic Medical College & Hospital, Chandrapur

mt. Vimaladevi Ayurvedic Medical College & Hospital, Chandrapur




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WANDHARI, CHANDRAPUR


8th International Yoga Day

अनु क्र.	कार्यक्रम	दिनांक	तपशील	सहभागी संख्या	छायाचित्र क्र.
01	घोषवाक्य स्पर्धा	14.06.2022	विजेत्यांची नावे: 1. Tanuja Ghuse 2. Nikita Pawar 3. Priya Pandey	08	01
02	ऑनलाईन व्याख्यान	15.06.2022	वक्ता : डॉ. कमलेश महाजन विषय : "Yoga Humanity"	180	02
		16.06.2022	वक्ता : डॉ. संगीता शेन्डे विषय : "Pranayama"	170	03
03	ई पोस्टर स्पर्धा	16.06.2022	विजेत्यांची नावे : 1. Siddhi Tadse 2. Achal Gore 3. Pallavi Chauphade	12	04
04	निबंध स्पर्धा	17.06.2021	विजेत्यांची नावे: 1. Shashwati Chunarkar 2. Anuksha Bindalkar 3. Pranjal Naik	08	05
05	व्याख्यान	17.06.2022	वक्ता : डॉ. प्रेरणा उईके विषय : "Benefits of daily practice of Yoga "	190	06
		20.06.2022	वक्ता : डॉ. सुषमा वन्हाडे विषय : "मानसिक स्वास्थ्य आणि योग"	170	07
06	योगासन स्पर्धा	18.06.2022	विजेत्यांची नावे : 1. Mayuri Arelkar 2. Gargi Wairagade 3. Varsha Sabale	10	08

07	Awareness Activity	19.06.2022	वक्ता : डॉ. ज्योती वरठी विषय : “स्त्रीयांच्या सुदृढ आरोग्याकरिता आहार व योगासने”	56	09
		21.06.2022	योगा रॅली	123	10
		14.06.2022	विद्यार्थ्यांकरिता योग प्रशिक्षण	76	11
		ते 20.06.2022	IPD & OPD रुग्णांकरिता योग प्रशिक्षण	21	12
08	योगसूत्र पाठांतर स्पर्धा	20.06.2022	विजेत्यांची नावे: 1. Ketki Khangar 2. Harshal Randive 3. Sakshi Deshpande	30	13
09	रांगोळी स्पर्धा	20.06.2022	विजेत्यांची नावे: 1. Priyanka Rukhmode 2. Pradhnya Meshram 3. Harshal Randive	20	14
10	आंतरराष्ट्रीय योग दिन सामुहिक योगाभ्यास	21.06.2022	○ योगासन प्रशिक्षण :- श्री रवि कटलावार (योगगुरु) ○ व्याख्यान :- सौ. किरण बुटले ○ योग नृत्य ○ बक्षीस वितरण	246	15, 16, 17, 18




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IQAC, NSS, SWASTHAVRITTA & YOGA DEPARTMENT

INTERNATIONAL

YOGA DAY



21st June 2022

Venue : Auditorium, SVAMC Wandhari, Chandrapur

Regards

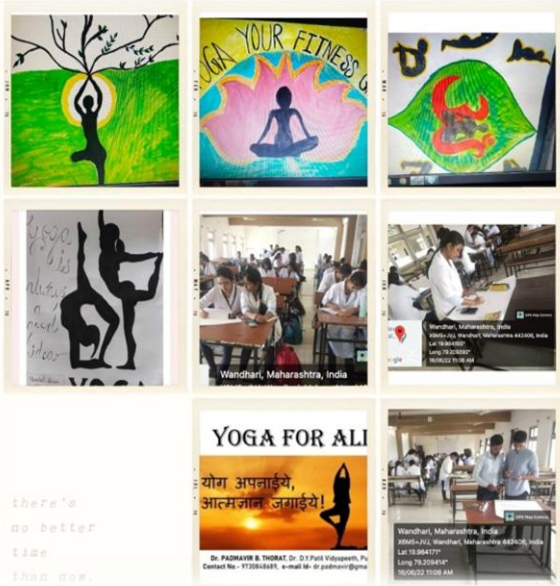
HOD Swasthavritta & Yoga
Dr. Prerana Uikey
BAMS MD

NSS Coordinator
Dr. Akhilesh Deshmukh
BAMS MD

Vice Principal & IQAC Coordinator
Dr. Sandesh Goje
BAMS MD

Principal
Vd. Sonal S. Zanzad
BAMS MD

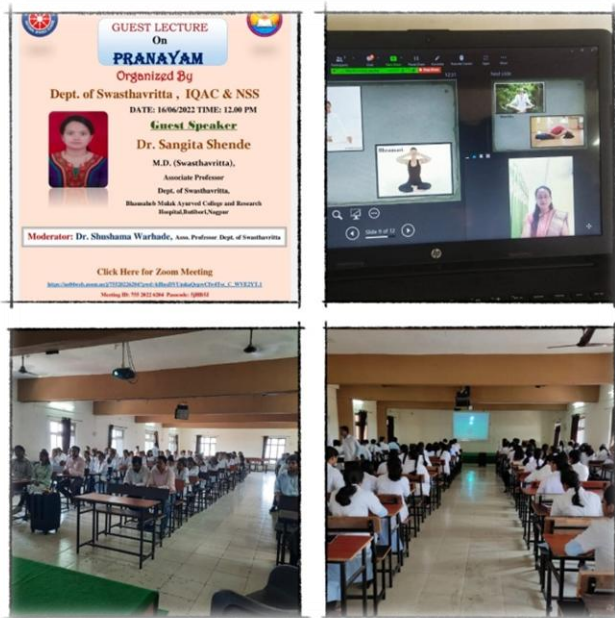
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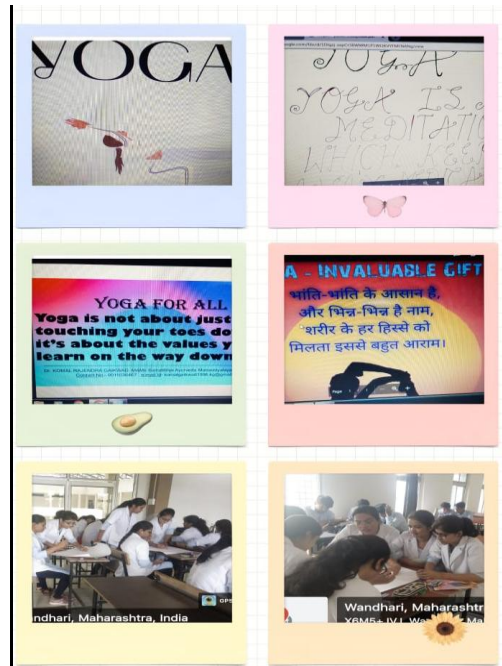
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छायाचित्र क्रमांक: 03



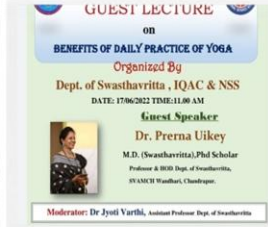
छायाचित्र क्रमांक: 04



छायाचित्र क्रमांक: 05



छायाचित्र क्रमांक: 06



छायाचित्र क्रमांक: 07



छायाचित्र क्रमांक: 08



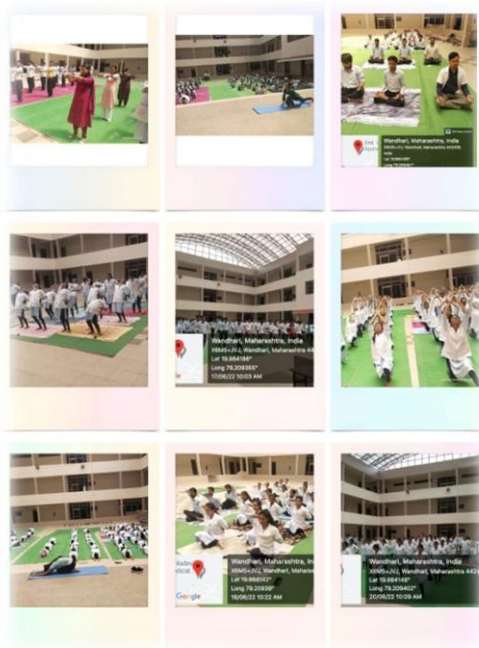
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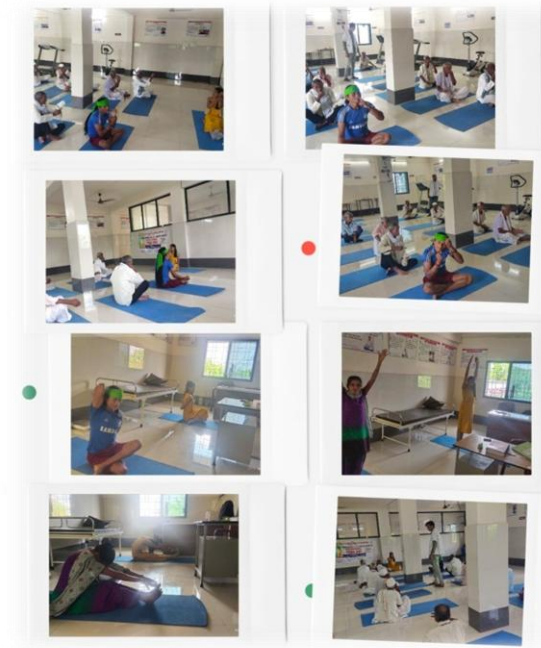
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छायाचित्र क्रमांक : 11



छायाचित्र क्रमांक : 12



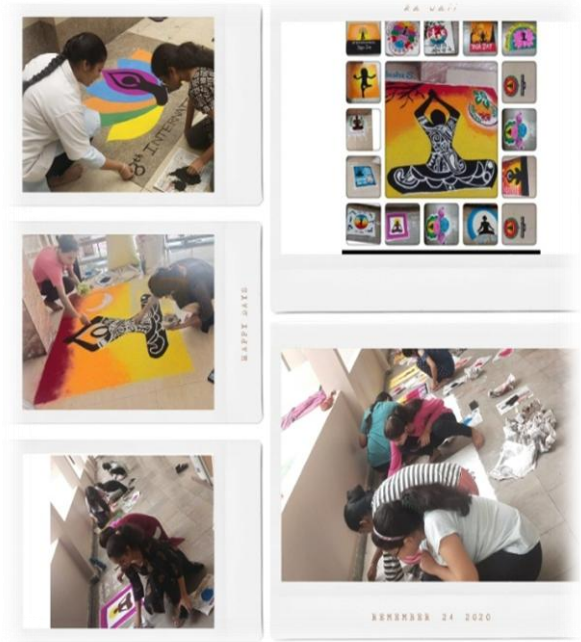
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छायाचित्र क्रमांक : 15



छायाचित्र क्रमांक : 14



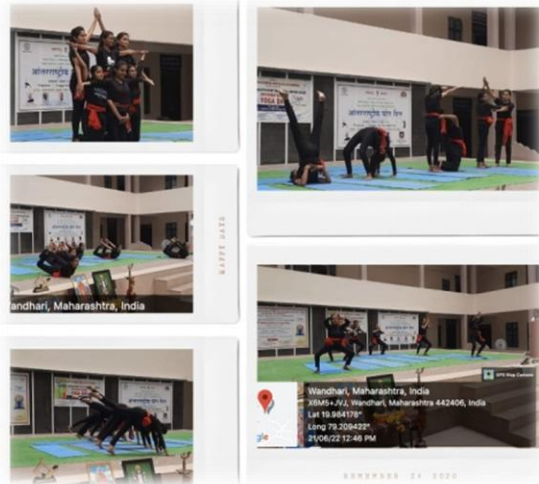
छायाचित्र क्रमांक : 1



SMT. VIJAYDEVI AYURVEDIC MEDICAL COLLEGE & HOSPITAL
WANDHARI, CHANDRAPUR
 In Collaboration with
IQAC, NSS, SWASTHAVITTA & YOGA DEPARTMENT
 Guest of Honor
8th International Yoga Day
 Yoga Gurus & Instructor
 Mr. Kavi Kulkarni
 Mr. Jankar from Yashwantrao Chavan Pratishthan, Chandrapur
 Theme - "Yoga for Humanity"
 Program Conductor - Dr. Jyoti Warde
 -> Visitor -
 Auditorians SVAMCH II Wandhari, Chandrapur
Regards
 IQAC Incharge & Yoga
 Dr. Prasad Uday
 BAMS MD
 IQAC Coordinator &
 -> In-Principle
 Dr. Sandip S. Zambre
 BAMS MD
 Principal
 Dr. Sandip S. Zambre
 BAMS MD

Wandhari, Maharashtra, India
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छायाचित्र क्रमांक : 17



छायाचित्र क्रमांक : 18





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WANDHARI, CHANDRAPUR

Attendance Sheet

II BAMS 2017

Date: 21/6/22

Subject: 8th International Yoga Day

Sr. No.	Name of the Students	Signature
1.	Aayushi Mandpe	<i>Aayushi Mandpe</i>
2.	Aghame Vikrant Jinwar	AB
3.	Ali Noman Imran	AB
4.	Bawankule Tanvi Santosh	Tanvi
5.	Bhandari Pratik Gangadhar	<i>Pratik</i>
6.	Bharsakale Priyanshu Raju	AB
7.	Buchunde Prachi Vilas	AB
8.	Burhan Sanket Namdeo	AB
9.	Choudhari Saloni Vijay	AB
10.	Chouphade Pallavi Malhari	Pallavi
11.	Darwai Vaishnavi Baburao	AB
12.	Deogade Kashyap Premkumar	<i>Deogade</i>
13.	Deshpande Sakshi Shirish	Sakshi
14.	Dhamat Siddhi Sudhir	Siddhi
15.	Dhande Shriti Pundlik	Shriti
16.	Dharne Tanaya Kishor	<i>Dharne</i>
17.	Dwivedi Pratham Dhyانبabu	<i>Pratham</i>
18.	Gavit Nilima Surupsing	<i>Nilima</i>
19.	Gawai Avishkar Sanjay	AB
20.	Ghuse Tanuja Namdeorao	<i>Tanuja</i>
21.	Giradkar Pooja Vijay	Pooja
22.	Gore Achal Pramod	Achal
23.	Jadhav Rohini Madhukar	AB
24.	Jadhav Rutuja Mohan	Rutuja
25.	Jenekar Monika Pundlik	Monika
26.	Junghare Pratyush Deepak	AB
27.	Kale Sejal Mangesh	Sejal
28.	Ketki Khangar	<i>Ketki</i>
29.	Kharat Durga Shankar	<i>Durga</i>

30.	Kolhe Ritik Deepak	
31.	Kolluri Shivani Tirupati	
32.	Maske Payal Rajkumar	
33.	Medewar Nikita Ramesh	
34.	Meshram Parikshit Ashok	
35.	Mohammad Mubashshir Shahid Akhtar	
36.	Munde Aishwarya Ravikant	
37.	Nimje Ankita Dilip	
38.	Padole Palak Avinash	
39.	Pareek Shivam Rajesh	
40.	Pawar Ashish Madhav	
41.	Pawar Nikita Kaniram	
42.	Pranjali Ramprasad Maske	
43.	Randive Harshal Rajendra	
44.	Sakhare Prerna Dhanraj	
45.	Shastrakar Ayushi Dhananjay	
46.	Shende Minal Sanjaykumar	
47.	Shende Priya Vishwanath	
48.	Shirbhate Sushant Jayantrao	
49.	Shriya Rajiv Ninawe	
50.	Sonune Karan Shrikisan	
51.	Sonwane Nishant Diwakar	
52.	Telure Komal Avdhut	
53.	Vaidya Shraddha Nandkishor	
54.	Verma Sakshi Dharmpal	
55.	Vidhate Tanaya Surendra	
56.	Wankar Mrunal Vinod	
57.	Wankar Pratik Purushottam	
58.	Zile Tanvi Laxman	



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Attendance Sheet

I BAMS 2021

Date: 21/6/22

Subject: 8th International Yoga Day

Sr. No.	Name of the Students	Signature
1	Ambhore Prajakta Baburao	<u>Ambhore</u>
2	Amritkar Payal Khushal	<u>Amritkar</u>
3	Ayesha Tarannum Murtuza Sheikh	<u>Ayesha</u>
4	Badole Abhishek Vishwanath	<u>Abhishek</u>
5	Bandiwar Gajanan Devanna	<u>Gajanan</u>
6	Bellale Omsai Sangram	<u>Omsai</u>
7	Bhalerao Vyankatesh Shankar	<u>Vyankatesh</u>
8	Chatke Gauri Gowardhan	<u>Gauri</u>
9	Choudhari Shrushti Ganesh	<u>Shrushti</u>
10	Deshmukh Sana Maheen Mujahed	
11	Dhokane Vaishnavi Santosh	<u>Dhokane</u>
12	Dongare Gauri Digambar	<u>Gauri</u>
13	Gaurkar Tanushree Anil	<u>Tanushree</u>
14	Ghoti Neha Premsing	<u>Neha</u>
15	Girde Adhikansh Kamlakar	<u>Adhi</u>
16	Girhepunje Sayali Prashant	<u>Sayali</u>
17	Gurkhe Komal Ramchandra	<u>Komal</u>
18	Ingale Dnyaneshwari Rajesh	<u>Dnyaneshwari</u>
19	Jadhav Pallavi Uttamrao	<u>Pallavi</u>
20	Jadhav Shital Narayan	<u>Shital</u>
21	Jadhav Shubhangi Sanjay	<u>Shubhangi</u>
22	Jaweriya Zarka Syed Nizam Ahmad	<u>Zarka</u>
23	Kadu Rohan Dilip	<u>Rohan</u>
24	Kapgate Kirti Madanpal	<u>Kirti</u>
25	Karande Rugved Jayant	<u>Rugved</u>
26	Kedar Ranjeet Baburao	<u>Ranjeet</u>
27	Khopade Omkar Bhausahab	<u>Omkar</u>
28	Kisarwar Megha Raju	<u>Megha</u>
29	Kotnake Pooja Prakash	<u>Pooja</u>

30	Lade Siddhi Rajendra	<u>Siddhi R Lade</u>
31	Ladke Vaishnavi Janardhan	
32	Lande Shruti Dnyaneshwar	<u>Shruti</u>
33	Longadge Rupali Kishor	<u>Rupali</u>
34	Manwar Pragati Subhash	<u>Pragati</u>
34	Meshram Bhushan Charandas	<u>Bhushan</u> AB
36	Meshram Chandan Dhammanand	<u>Chandan</u>
37	Meshram Praanya Satyawan	<u>Praanya</u>
38	Nagargoje Shweta Vishnu	<u>Shweta</u>
39	Naik Pranjal Shekhar	<u>Pranjal</u>
40	Narware Pranjal Prakash	<u>Pranjal</u>
41	Palkandwar Yash Sanjay	<u>Yash</u>
42	Potrajwar Vaishnavi Ashok	<u>Vaishnavi</u>
43	Sawargaonkar Gauri Vivek	<u>Gauri</u>
44	Shah Sidrat Khalik	<u>Sidrat</u>
45	Shaikh Arisha Mahveen Qayyum	<u>Arisha</u>
46	Sharma Priya Ramdatta	<u>P.R. Sharma</u>
47	Sheikh Sharmin Sadaf Mohammad Sayeed	
48	Sheikh Simran Iqbal	<u>Simran</u>
49	Sheikh Zoha Shahid	<u>Zoha</u>
50	Sheware Sanika Anil	<u>Sheware</u>
51	Suryawanshi Sarthak Santosh	<u>Sarthak</u>
52	Tadse Siddhi Rajesh	<u>Siddhi</u>
53	Titarmare Shrutika Dinesh	<u>Shrutika</u>
54	Uttarwar Shivani Anil	<u>Shivani</u>
55	Waghmare Vipashyana Mukesh	<u>Vipashyana</u>
56	Wakade Vaishistha Sanjay	<u>Vaishistha</u> AB
57	Wanjari Shruti Ajay	<u>Shruti</u>
58	Wankhade Anjali Shamrao	<u>Anjali</u>
59	Wankhede Ritesh Uttam	<u>Ritesh</u>
60	Wasnik Rohit Kishor	



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Attendance Sheet

IV BAMS 2017

Date: 21/6/22

Subject : 8th International Yoga day

Sr. No.	Name of the Students	Signature
1	Aamir Sohail Ab Kalam	AB
2	Aknurwar Yash Vijay	
3	Bankar Shivani Suresh	AB
4	Barge Abhay Ramhari	
5	Barmase Prachi Panjabrao	
6	Bawane Sumeet Suresh	
7	Bawankule Sakshi Rajkumar	
8	Belekar Sagarika Raju	
9	Bhuyar Anjali Anil	AB
10	Bilawane Janhavi Keshav	
11	Bindalkar Anuksha Shashikant	
12	Bodhe Pratik Jagdish	AB
13	Chandewar Shraddha Ghanshyam	
14	Chunarkar Shashvati Sanjay	
15	Date Ankita Liladhar	
16	Dekate Neha Vijay	
17	Deshmukh Vivek Prabhakarrao	
18	Digalwar Gandhali Gajanan	AB
19	Digole Rucha Devidas	
20	Garmode Dipali Mukunda	
21	Gaykwad Pradumnya Vitthal	
22	Gore Subhadra Madhav	
23	Itankar Vaishnavi Banduji	
24	Kale Ashwini Laxman	
25	Kanake Karishma Ramesh	AB
26	Katore Harshal Vishwasrao	AB

Sr. No.	Name of the Students	Signature
27	Kawale Aniruddha Pandurang	AB
28	Khadkale Shraddha Vinod	Shraddha
29	Khandekar Samruddhi Tilakchand	Samruddhi
30	Madavi Sukanya Ravindrakumar	Sukanya
31	Mahakulkar Pratiksha Suresh Rao	Pratiksha
32	Manwatkar Narendra Dilip	Manwatkar
33	Masne Yash Nivrutti	Yash
34	Mehare Krunal Rajendra	AB
35	Mehetre Aditya Diliprao	Aditya
36	Meshram Ashwin Dilip	Ashwin
37	More Shivam Bhagawat	More
38	Nikam Mangesh Kailas	Mangesh
39	Nimgade Shrutika Yuvraj	AB
40	Pawar Ankush Bhimrao	Ankush
41	Prapti Prabhakar Sakharkar	Prapti
42	Raipure Swati Shamsan	Swati
43	Rukhamode Priyanka Ramkrishna	Priyanka
44	Sable Varsha Haridas	Varsha
45	Sapkal Aditya Rajesh	Aditya
46	Thakre Gauri Namdew	Gauri
47	Tonge Anup Nilkanth	Anup
48	Tonge Sakshi Sunil	AB
49	Tudamwar Shivani Baliram	Shivani
50	Vaidya Mayuri Chandrabhoj	AB
51	Wagh Prafull Pradeep	Prafull
52	Wagh Pragati Raju	Pragati
53	Waghmode Asmita Jagan	Asmita
54	Wairagade Gargi Narendra	Gargi
55	Wankhade Mukund Dewanand	Wankhade

