



SGSPM's
Smt. Vimladevi Ayurvedic Medical College & Hospital
Wandhari, Chandrapur

Guest Lectures/ Webinar

Name of Organizing Department: Swasthavritta

Co-organizer:

Date: 16-06-2022 Day: Thursday Time: 12 pm

Guest Speaker: Dr. Sangita shende

Moderator for the Session: Dr. Sushama Washade

Topic of Guest lecture/ Webinar: Pleancyama

Attendance

S.N.	Name	Designation	Department	Signature
①	Dr. Sonal Zanzad	Prof./Principal	Ras-shastra	
②	Dr. Sandesh Groje	lect/vice principal	Kay-chikitsa	
③	Dr. Sushama Washade	Reader	Swasthavritta	
④	Dr. Pooja Vitay	Professor	Swasthavritta	
⑤	Dr. Jyoti Vasthi	Lecturer	Swasthavritta	
⑥	Dr. Akhilesh Deshmukh	NSSB/NAAE coordinator	Agad Tantra	
⑦	Dr. Sandip Karmale	Reader	Rasashastra	
8)	Dr. Sanjay	Reader	Rasashastra	
9)	Dr. Gunya K. Dohikar	Reader	Rasashastra	
10.	Dr. Apurva G. Gedam.	Lecturer	Samhita Siddhant	
11.	Dr. Anant Kharatkar	Lecturer	Samhita	
12	Mrs. Pranita P. Bhakre	Lecturer	Samhita	

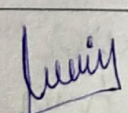
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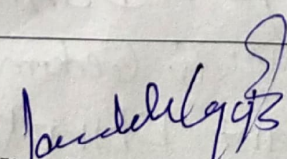
On the occasion of 8th International Yoga Day celebration in Azadi Ka Amrit Mahotsav the yoga saptah 14th June to 20th June celebrated with arranging Guest lecture of Dr. Sangita shende mam on 16-06-2022 Thursday at Smt. Vimaladevi Ayurvedic Medical College Wandhari Chandrapur arranged by Swasthavitta Department.

Dr. Sangita mam associat prof. at Buthborei, Nagpur college. She delivered lecture on "Pranayama" she very well explain Pranayama kriya & benefits to all delegates.

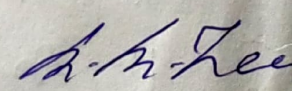
For this webinar all teaching faculty, 1st year, 2nd year, 4th year & Intern student present for this wonderful and knowledgeable online lecture.

Co-organizer


HOB Organizer
Department of Swastha Vitta
SVAM College, Wandhari, Chandrapur


Vice Principal &
IQAC Coordinator

Smt Vimaladevi Ayurvedic Medical
College & Hosp


Principal

Smt. Vimaladevi Ayurvedic
College & Hospital, Chandrapur



SGSPM's
SMT. VIMLADEVI AYURVEDIC MEDICAL COLLEGE & HOSPITAL
WANDHARI, CHANDRAPUR

Attendance Sheet

I BAMS 2021

Date: 16/06/2022

Subject: Swasth yatta guest lecture. Dr. Sangita shende.

Sr. No.	Name of the Students	Signature
1	Ambhore Prajakta Baburao	Ambhore
2	Amritkar Payal Khushal	Amritkar
3	Ayesha Tarannum Murtuza Sheikh	Ayesha
4	Badole Abhishek Vishwanath	AB
5	Bandiwar Gajanan Devanna	AB
6	Bellale Omsai Sangram	AB
7	Bhalerao Vyankatesh Shankar	AB
8	Chatke Gauri Gowardhan	Chatke
9	Choudhari Shrushti Ganesh	Choudhari
10	Deshmukh Sana Maheen Mujahed	AB
11	Dhokane Vaishnavi Santosh	Dhokane
12	Dongare Gauri Digambar	Dongare
13	Gaurkar Tanushree Anil	Gaurkar
14	Ghoti Neha Premsing	Neha
15	Girde Adhikansh Kamlakar	AB
16	Girhepunje Sayali Prashant	Girhepunje
17	Gurkhe Komal Ramchandra	Gurkhe
18	Ingale Dnyaneshwari Rajesh	Ingale
19	Jadhav Pallavi Uttamrao	Jadhav
20	Jadhav Shital Narayan	AB
21	Jadhav Shubhangi Sanjay	Shubhangi
22	Jaweriya Zarka Syed Nizam Ahmad	Jaweriya
23	Kadu Rohan Dilip	Kadu
24	Kapgate Kirti Madanpal	Kapgate
25	Karande Rugved Jayant	AB
26	Kedar Ranjeet Baburao	AB
27	Khopade Omkar Bhausaheb	AB
28	Kisarwar Megha Raju	Kisarwar

29	Kotnake Pooja Prakash	<u>Kotnake</u>
30	Lade Siddhi Rajendra	<u>Siddhi R Lade</u>
31	Ladke Vaishnavi Janardhan	<u>Ladke</u>
32	Lande Shruti Dnyaneshwar	<u>Lande</u>
33	Longadge Rupali Kishor	<u>Longadge</u>
34	Manwar Pragati Subhash	<u>Manwar</u>
34	Meshram Bhushan Charandas	<u>Meshram</u>
36	Meshram Chandan Dhammanand	<u>Meshram</u>
37	Meshram Pradnya Satyawar	<u>Meshram</u>
38	Nagargoje Shweta Vishnu	<u>Shweta</u>
39	Naik Pranjal Shekhar	<u>Naik</u>
40	Narware Pranjal Prakash	<u>Pranjal</u>
41	Palkandwar Yash Sanjay	<u>Palkandwar</u>
42	Potrajwar Vaishnavi Ashok	<u>Potrajwar</u>
43	Sawargaonkar Gauri Vivek	<u>Sawargaonkar</u>
44	Shah Sidrat Khalik	<u>Sidrat Shah</u>
45	Shaikh Arisha Mahveen Qayyum	<u>Arisha</u>
46	Sharma Priya Ramdatta	<u>P.P. Sharma</u>
47	Sheikh Sharmin Sadaf Mohammad Sayeed	<u>Sharmin</u>
48	Sheikh Simran Iqbal	<u>Simran</u>
49	Sheikh Zoha Shahid	<u>Zoha</u>
50	Sheware Sanika Anil	<u>Sheware</u>
51	Suryawanshi Sarthak Santosh	<u>Sarthak</u>
52	Tadse Siddhi Rajesh	<u>Tadse</u>
53	Titarmare Shrutika Dinesh	<u>Titarmare</u>
54	Uttarwar Shivani Anil	<u>Shivani</u>
55	Waghmare Vipashyana Mukesh	<u>Waghmare</u>
56	Wakade Vaishista Sanjay	<u>Wakade</u>
57	Wanjari Shruti Ajay	<u>Wanjari</u>
58	Wankhade Anjali Shamrao	<u>Wankhade</u>
59	Wankhede Ritesh Uttam	<u>Wankhede</u>
60	Wasnik Rohit Kishor	<u>Wasnik</u>



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WANDHARI, CHANDRAPUR

Attendance Sheet

II BAMS 2017

Date: 16/06/2022

Subject : Swasthushiksha guest lecture Dr. Sangita Shende .

Sr. No.	Name of the Students	Signature
1.	Aayushi Mandpe	AB
2.	Aghame Vikrant Jinwar	AB
3.	Ali Noman Imran	AB
4.	Bawankule Tanvi Santosh	Tanvi
5.	Bhandari Pratik Gangadhar	AB
6.	Bharsakale Priyanshu Raju	AB
7.	Buchunde Prachi Vilas	AB
8.	Burhan Sanket Namdeo	AB
9.	Choudhari Saloni Vijay	AB
10.	Chouphade Pallavi Malhari	Chouphade
11.	Darwai Vaishnavi Baburao	AB
12.	Deogade Kashyap Premkumar	Deogade
13.	Deshpande Sakshi Shirish	Sakshi
14.	Dhamat Siddhi Sudhir	Dhamat
15.	Dhande Shriti Pundlik	Shriti
16.	Dharne Tanaya Kishor	Tanaya
17.	Dwivedi Pratham Dhyانبabu	D. Pratham
18.	Gavit Nilima Surupsing	Nilima
19.	Gawai Avishkar Sanjay	AB
20.	Ghuse Tanuja Namdeorao	Tanuja
21.	Giradkar Pooja Vijay	Pooja
22.	Gore Achal Pramod	AB
23.	Jadhav Rohini Madhukar	Jadhav
24.	Jadhav Rutuja Mohan	Jadhav
25.	Jenekar Monika Pundlik	Monika
26.	Junghare Pratyush Deepak	Pratyush
27.	Kale Sejal Mangesh	Sejal
28.	Ketki Khangar	Ketki
29.	Kharat Durga Shankar	AB

30.	Kolhe Ritik Deepak	<u>Ritik</u>
31.	Kolluri Shivani Tirupati	
32.	Maske Payal Rajkumar	<u>Payal</u>
33.	Medewar Nikita Ramesh	<u>Nikita</u>
34.	Meshram Parikshit Ashok	<u>AB</u> <u>Parikshit</u>
35.	Mohammad Mubashshir Shahid Akhtar	<u>AB</u> <u>Mubashshir</u>
36.	Munde Aishwarya Ravikant	<u>AB</u> <u>Aishwarya</u>
37.	Nimje Ankita Dilip	<u>Ankita</u>
38.	Padole Palak Avinash	
39.	Pareek Shivam Rajesh	<u>Shivam</u>
40.	Pawar Ashish Madhav	<u>Ashish</u>
41.	Pawar Nikita Kaniram	<u>Nikita</u>
42.	Pranjali Ramprasad Maske	<u>Pranjali</u>
43.	Randive Harshal Rajendra	<u>Harshal</u>
44.	Sakhare Prerna Dhanraj	<u>Prerna</u>
45.	Shastrakar Ayushi Dhananjay	<u>AB</u> <u>Ayushi</u>
46.	Shende Minal Sanjaykumar	<u>AB</u> <u>Minal</u>
47.	Shende Priya Vishwanath	<u>Priya</u>
48.	Shirbhate Sushant Jayantrao	
49.	Shriya Rajiv Ninawe	<u>AB</u> <u>Shriya</u>
50.	Sonune Karan Shrikisan	<u>Sonune</u>
51.	Sonwane Nishant Diwakar	<u>Sonwane</u>
52.	Telure Komal Avdhut	<u>Komal</u>
53.	Vaidya Shraddha Nandkishor	<u>Shraddha</u>
54.	Verma Sakshi Dharpal	<u>Sakshi</u>
55.	Vidhate Tanaya Surendra	
56.	Wankar Mrunal Vinod	<u>Mrunal</u>
57.	Wankar Pratik Purushottam	<u>Pratik</u>
58.	Zile Tanvi Laxman	<u>Tanvi</u>

Sr. No.	Name of the Students	Signature
27	Kawale Aniruddha Pandurang	AB. Shraddha.
28	Khadkale Shraddha Vinod	AB
29	Khandekar Samruddhi Tilakchand	AB
30	Madavi Sukanya Ravindrakumar	Sukanya.
31	Mahakulkar Pratiksha Suresh Rao	AB
32	Manwatkar Narendra Dilip	(N) Mukhi
33	Masne Yash Nivrutti	AB
34	Mehare Krunal Rajendra	AB
35	Mehetre Aditya Dilip Rao	AB
36	Meshram Ashwin Dilip	AB
37	More Shivam Bhagawat	AB
38	Nikam Mangesh Kailas	AB
39	Nimgade Shrutika Yuvraj	AB
40	Pawar Ankush Bhim Rao	AB
41	Prapti Prabhakar Sakharkar	Prapti.
42	Raipure Swati Shamsan	AB
43	Rukhamode Priyanka Ramkrishna	AB
44	Sable Varsha Haridas	AB
45	Sapkal Aditya Rajesh	Sapkal.
46	Thakre Gauri Namdev	AB
47	Tonge Anup Nilkanth	AB
48	Tonge Sakshi Sunil	AB
49	Tudamwar Shivani Baliram	AB
50	Vaidya Mayuri Chandrabhoj	AB
51	Wagh Prafull Pradeep	AB
52	Wagh Pragati Raju	Pragati.
53	Waghmode Asmita Jagan	AB
54	Wairagade Gargi Narendra	AB
55	Wankhade Mukund Dewanand	(M) Wankhade



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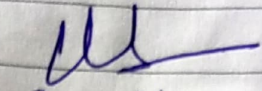
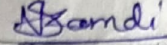
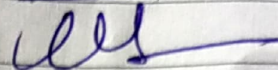
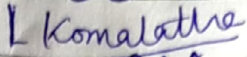
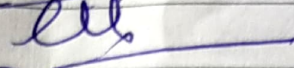
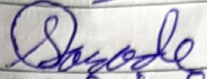
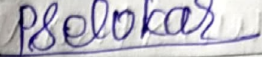
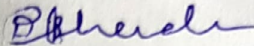
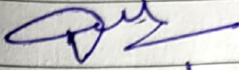
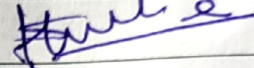
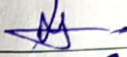

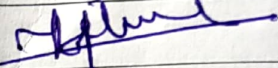
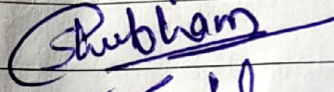

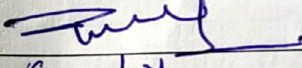



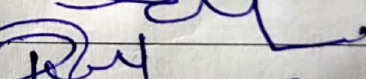
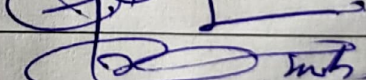
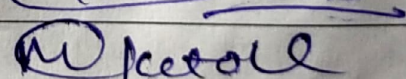
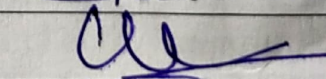
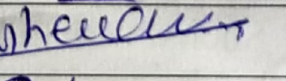
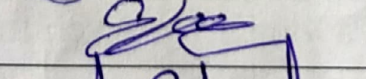
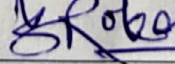
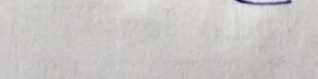
Attendance Sheet

Interns

Date: 16/06/2022.

Subject: Swastha vratta guest lecture. Dr. Sangita Shende.

Sr. No.	Name of the Students	Signature
1.	Ainchwar Rutuja Prakash	
2.	Balage Rashmi Ramakant	
3.	Chate Komal Rajesh	
4.	Dahekar Vibhav Kishor	
5.	Himani Namdevrao Gabhane	
6.	Jadhav Barkha Sudhir	
7.	Juneja Dilpreet Kaur Puran Singh	
8.	Pattiwari Pooja Rajesh	
9.	Pawar Kishor Goyinda	
10.	Rathod Ashwini Rajendra	
11.	Raut Dnyaneshwari Suryachandra	
12.	Saha Shubham Madan	
13.	Satpute Shraddha Shivshankar	
14.	Shingade Ranu Bhaskar	
15.	Shubham Vilas Dange	
16.	Snehal Govardhan Thakare	
17.	Tayde Kirtee Avchitrao	
18.	Wankhede Aishwarya Kishor	
19.	Yadav Janvi Bhimsingh	
20.	Patil Shrutika Natraj	
21.	Pendam Prachi Pundlikrao	
22.	Arelkar Mayuri Ghanshyam	
23.	Bagade Madhuri Ashok	
24.	Thakare Mayuri Gajanan	
25.	Dhabarde Mrunalini Mahendra	
26.	Ghatbandhe Sampada Narayanbapu	
27.	Girade Kanchan Mohanrao	

28.	Jumle Pratiksha Keshaw	
29.	Kamdi Nikhita Suresh	
30.	Khedikar Pranjali Chandraprakash	
31.	Komalatha Mogeli Lakkakula	 L Komalatha
32.	Lahamge Shubham Harish	
33.	Sarode Sandesh Vilasrao	
34.	Selokar Pratiksha Sanjay	
35.	Shende Dnyandipa Subhash	
36.	Tanushri Prabhakar Dongare	
37.	Thaware Sneha Balwant	
38.	Gujjewar Satish Shrinivas	
39.	Sarkar Sumeet Vijay	
40.	Yelmule Harsha Subhash	
41.	Zade Shubham Kisanrao	
42.	Bharne Vishal Prakash	
43.	Bhandarkar Prerna Suresh	
44.	Patil Gayatri Anil	
45.	Manwar Pankaj Subhash	
46.	Bharati Ganga Ratan	
47.	Yadav Mohini Dayashankar	
48.	Wandhare Parikshit Rajesh	
49.	Vedangi Gajanan Tank	
50.	Mahimes petole	
51.	Sahil Lode	
52.	Akshil Churuman	
53.	Sahil Lode	
54.	Vikas. C. Rokade	




Dr. Sangeeta Sh...





SMT VIMLADEVI AYURVED MEDICAL COLLEGE
AND HOSPITAL, WANDHARI, CHANDRAPUR



GUEST LECTURE
On
PRANAYAM

Organized By
Dept. of Swasthavritta , IQAC & NSS

DATE: 16/06/2022 TIME: 12.00 PM

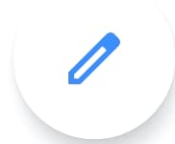
Guest Speaker
Dr. Sangita Shende
M.D. (Swasthavritta),
Associate Professor
Dept. of Swasthavritta,
Bhausahab Mulak Ayurved College and Research
Hospital, Butibori, Nagpur

Moderator: Dr. Shushama Warhade, Asso. Professor. Dept. of Swasthavritta

Click Here for Zoom Meeting
https://us04web.zoom.us/j/75520226204?pwd=kHnxDVUmkaQepwCfw4Tsc_C_WVE2YT.1
Meeting ID: 755 2022 6204 Passcode: 5jHB5J

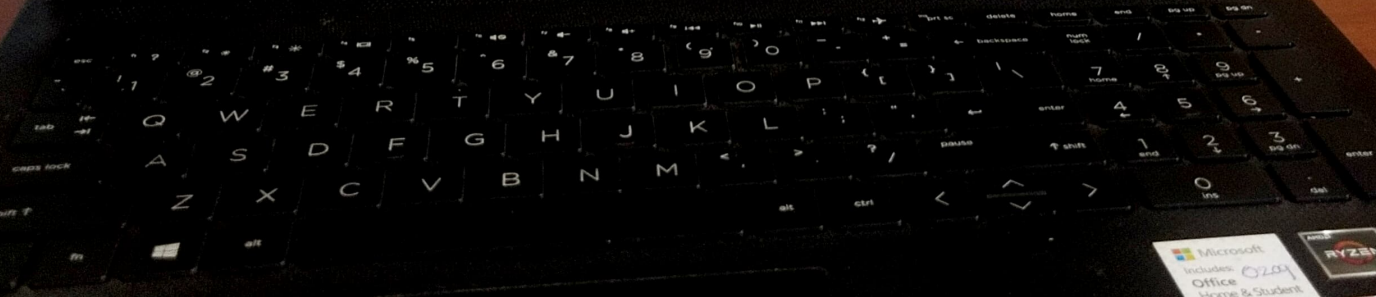
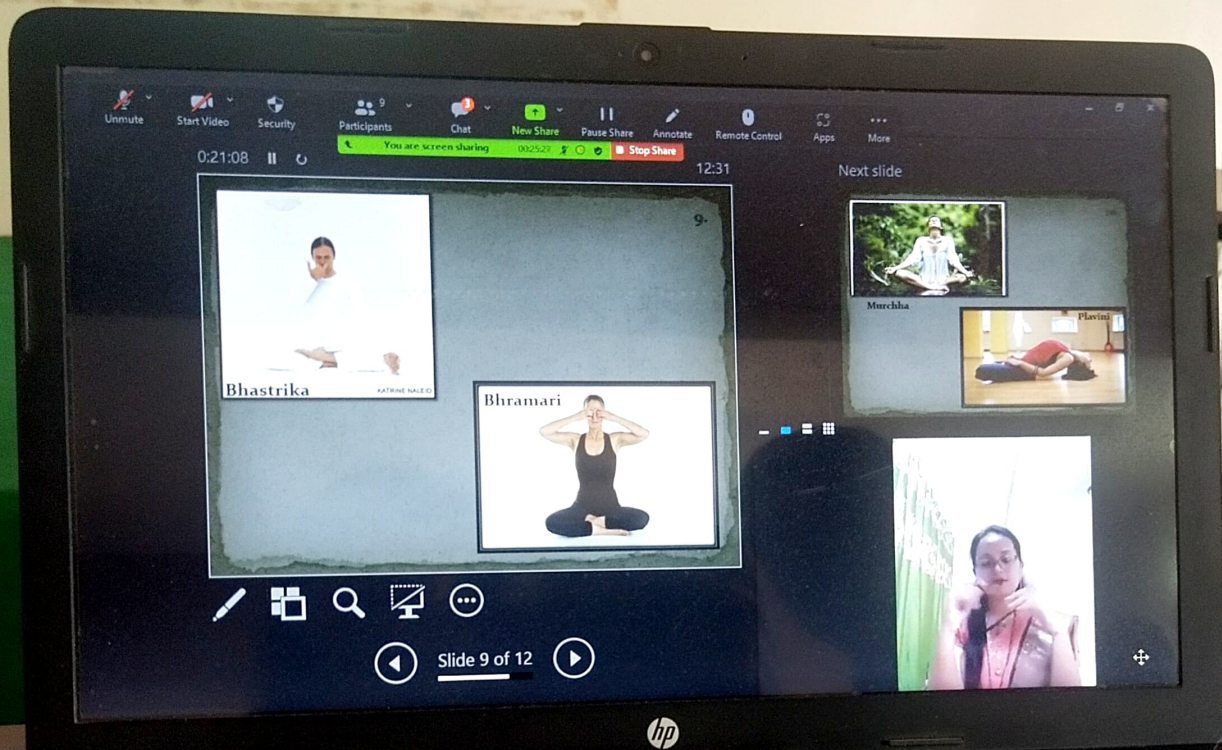
REGARDS

Dr. Prerna Uikey HOD & Prof, Dept. of Swasthavritta	Dr. Akhilesh Deshmukh NSS & NAAC Coordinator SVAMCH	Dr. Sandesh Goje IQAC Coordinator, Vice Principal, SVAMCH	Dr. Sonal Zanzad Principal, SVAMCH
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2022.06.16 12:31



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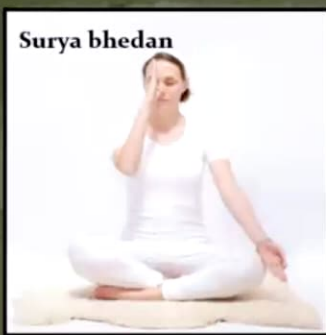


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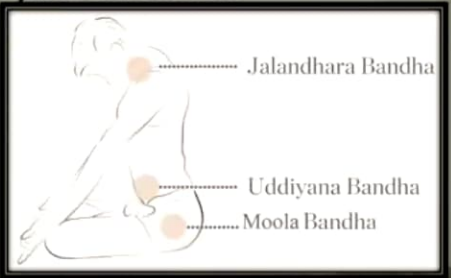
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12:24

Surya bhedan



Jalandra bandha



6.

Next slide

Ujjayi Pranayama



No Notes.



Slide 6 of 12

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