

ARTAV VYAPAD

BY

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ARTAV VYAPAD INCLUDES...

- ABNORMALITIES OF MENSTRUATION

1. *Aartav Dushti (8 types)*
2. *Asrugdar / Raktapradar*
3. *Artav Vrudhi*
4. *Artav Kshay*
5. *Rajonash / Nashtartav / Anartav*

ARTAV DUSHTI

Nidan Panchak

- *Hetu* :- Etiological factors for *artav dushti*
- General etiological factors:-
 - Not mentioned in literature
 - Etiological factors for vitiation of *doshas* along with non observance of regulations related to reproductive system are causative factors
 - Only “Kshyap” mentioned specific *hetu* for *artav dushti*
 1. *Rajaswala – Nasya --- Ritu vyapad*
 2. *Ati Ushna Annapan*
 3. Use of excessive medicines for cleansing purpose to *mrudu koshti stree*

Samprapti :

- Not mentioned separately in literature

Hetu Sevan

Vatadi dosh dushti hetu

Non observance of regulations related to reproductive system



Vitiated Doshas

Ras - Rakt dushti

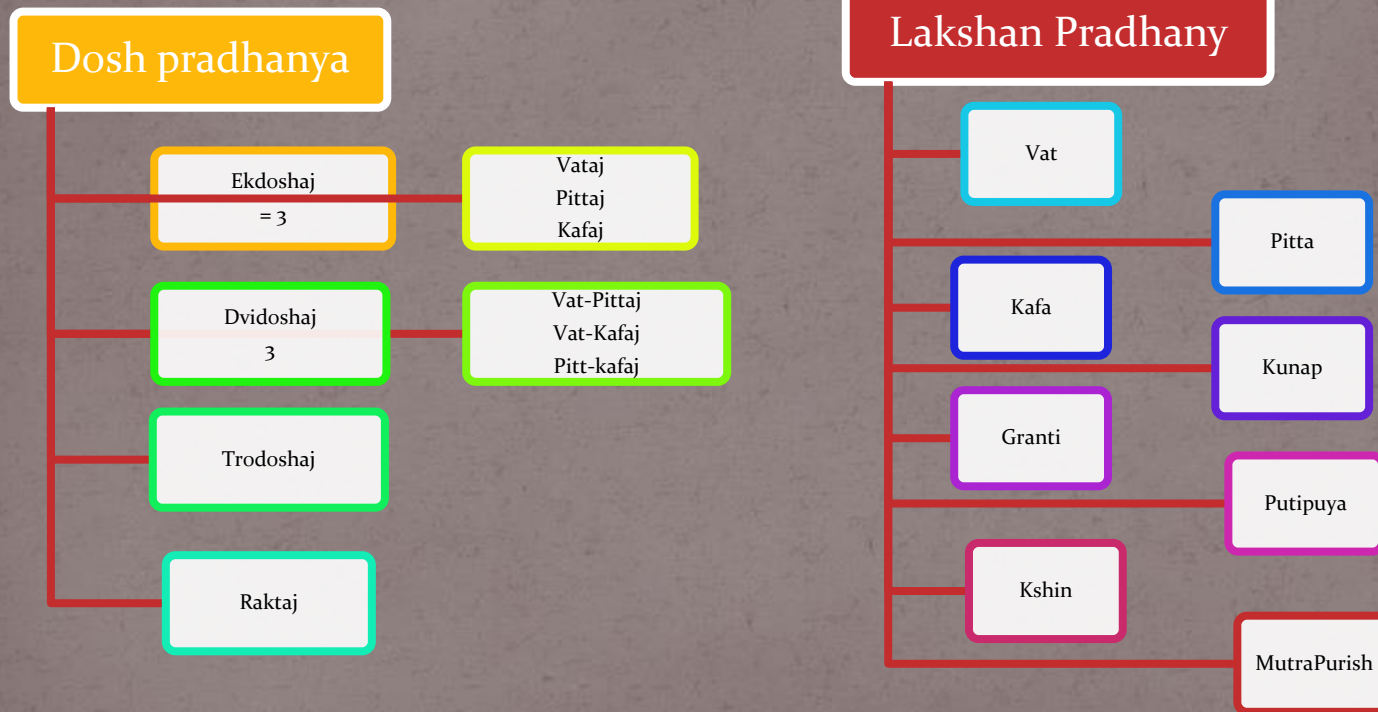
Goes to Reproductive system



ARTAV DUSHTI

TYPES: = 8

- All *aacharya* described *artav dushti* similar to *Shukra dushti*.



LAKSHAN (SIGNS , SYMPTOMS)

- ***Vataj Artavdushti:***

Varn = *Arun, Krushn, Pakva Jambufal (harit)*

= *Balckish, dark violet*

Matra = *alpa (scanty)*

Swarup = *Tanu, Ruksh, fenil, Vicchinn*

= *Thin, dry, frothy, scattered*

Vedana = *Todvat, bhedavat vedana*

= *Perforating and pricking pain*

Flow = *Chirat Nishichyat | .. Vilamb se nikalane wala*

= *Slow flow of menstrual blood*

- ***Pittaj Artavdushti:***

Varn = *Pit, Neel, Rakt , Japakusum / kusumbh pushp (harit)*
= Yellowish, Bluish, Dark red

Matra = Not mentioned (Can consider Excess flow)

Swarup = *Picchilata rahit*, (free from unctuousness), Hot

Gandha = *Visragandhi, Putipuya*

= Smells like Blood, Pus, Putrid smell

Vedana = *Osh, Chosh, Daha*

= Burning Pain, feeling of heat

Flow = Not mentioned (Excess flow with frequent pad chang)

Associated Symptoms = *Mutrakruccha (Dysuria) (Harit)*

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BRUNNEN PHARM

Sub 13

- ***Kafaj Artavdushti:***

Varn = *Shwetabh, Panduvarn* (Pale)

Swarup = *Majja Mishrit, Vibadha, Picchil, Snigdha,*
= Settles down if puts in water

Gandha = *Visragandhi,*

Associated Symptoms = *Kandu* (Itching), Retention of urine, Heaviness, *Alasya* (Lazyness), Lehargy, drowsines (*Tandra*), *Nidradhiky*a (Feeling sleepy) (Harit)

- ***Kunapgandhi:***

Responsible *Dosha* : *Rakta*

Matra : *Adhik* (Heavy flow, more in quantity)

Gandh: *Shava gandhi* (Smells like dead body)

Varn: *Rakta*

Vedana: *Pitta ki vedana* (*Osha, Chosh* etc)

- ***Granthi Artav :***

Responsible *Dosha: Vata + Kapha*

Other symptoms of *Vata & Kapha Dushti*

- ***Putipuya:***

Responsible *Doshas: Pitta + Kapha ... (Sushrut)*

Rakta + Pitta(Vagbhat)

- **Kshin Artav:**

Responsible *Doshas*: *Vata + Pitta*

Lakshan (Symptoms): *Artav Kshya lakshane*

- ***Mutra Purush gandhi:***

Responsible *Doshas* : *Sannipataj (Tridoshaj)*

Upadrav/ Complication

1. “.....*prajotpadane n samartha bhavanti*||”²
...(Su. Sha. 2/3)
2. “...*beej asamrtham retosram*...||”
(Asht.Hru.Sha.1/10)
3. “..... *Retansi tu abijani bhavanti*||” ...AshtSam.sha.1/23)

No formation of *beeja* (Ovum)

If formed --- incapable of conception -- infertility

Sadhya-Asadhyatva

	Sushrut	Ashtang Sangrah	Ashtang Hruday
Sadhya	Vataj Pittaj Kaphaj	Vataj Pittaj Kaphaj Kshin	
Asadhya	Kshin Kunapgandhi Granthi Putipuyanibh Mutrapurushgandhi	Kunapgandhi Granthi Putipuyanibh Mutrapurushgandhi	Mutrapurishgandhi
Kashta Sadhya			Vataj Pittaj Kaphaj Kshin Kunapgandhi Granthi Putipuyanibh

Samanya Chikitsa Siddhant

विधिं उत्तरबस्त्यन्तं कुर्याद् आर्तवशुद्ध्ये ।
स्त्रीणां स्नेहादियुक्तानां चतुसृष्वार्तवार्तिषु ॥
कुर्यात्कल्कान् पिचूञ्चापि पथ्यानि आचमनानि च ॥
शुक्रदोषहराणां च यथास्वमवचारणम् ॥
योगाणां शुद्धिकरणं शेषास्वप्यार्तवार्तिषु ॥.. सु.शा.2/12-16